

THE COSMIC SOUL IMMERSION RETREAT ALCHEMY OF TRANSFORMATION

Itinerary + Guidance for Your Experience in Sedona!
Made with Love from Kenji, Aurora, and Team!

APRIL 7-11, 2025, IN SEDONA, ARIZONA

Hello Dear Soul! We can't wait to see you. Please find all the details you'll need to have fun in the planning! ©

YOU WILL ARRIVE AT Doors Open 8:30am Monday, April 7th, 2025

YOU WILL GO TO THIS ADDRESS
The Global Center for Christ Consciousness
100 Northview Road
Sedona, AZ 86336

Go here for more details on this location where the retreat is being held to get familiar with where it's at, etc. in relation to where you'll be staying:

https://qccc.one/

Kenji Kumara

www.KenjiKumara.com

Questions? Email us at support@kenjikumara.com

This plan may change in terms of topics being on different days as we connect into the Sacred Sedona Energies during our in-person time together, but this is the magic that we will cover with you over the 5 days... we cannot wait!



REMINDER: Please make sure to bring the basics like a large water bottle, notebook, pen, hat, sunglasses, sunscreen, mosquito repellent, day pack and layered clothing, etc. as it could be hot already in Sedona in April! Don't forget snacks as food will NOT be provided, and have fun mapping out where you'd like to go explore lunch, dinner, etc.

Below, you'll find details to assist you in your trip to Sedona, compiled for you by the retreat team. We hope you have an amazing trip and we can't wait to see you there!

If you need anything, please email Kenji at Support@KenjiKumara.com

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Start here for planning → here's a link of 100 things to do in Sedona" so you can have fun planning around the retreat experience!

https://visitsedona.com/things-to-do/100-things-to-do/

Airports/Shuttle/Rental Cars/Transportation

Bus Service www.sedonashuttle.com

Verde Shuttle. Uptown, Hillside, Plaza, west Sedona, Cottonwood. \$1.00 and runs 6:00 am -10:00 pm every day (928) 203-5152

TransLoc App for Sedona Shuttle Connect (runs to Trailheads only, Thursday through Sunday)

Sky Harbour International Airport https://www.skyharbor.com/

Flagstaff Pulliam Airport https://flyflagstaffaz.com/

Airport Shuttle

https://groometransportation.com/sedona/?&sd_client_id=7b2d6e6c-b01a-4a15-a91e-36dd8bd865e5

Sedona Enterprise Rental Cars, west Sedona https://www.enterprise.com/en/home.html

Lyft in Sedona

https://www.lyft.com/driver/driving-opportunities/sedona-az/driver-with-lyft

Uber

https://www.uber.com/global/en/r/routes/sedona-az-to-cornville-az/

Taxi

https://www.uber.com/us/en/r/cities/taxi/sedona-az-us/?toString=3db02d

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Places to Stay

Laura Marcos

https://www.airbnb.com/ysers/show/18165593

Mel Finnerty

https://www.airbnb.com/rooms/824758201021324778

https://www.airbnb.com/rooms/50592044

Courtyard Sedona

https://www.marriott.com/en-us/hotels/flgcs-courtyard-sedona/overview/

El Portal

https://elportalsedona.com/

Poco Diablo

https://www.pocodiablo.com/

Dreamcatcher Inn, west Sedona

https://www.dreamcatcherinnsedona.com/

Los Abrigados

https://www.tophotelreservations.com/los-abrigados-resort-and-

spa? ga=2.53797480.1740546028.1713594730-1145869840.1713594730

Baby Quail inn, west Sedona

https://babyquailinn.com/

Green Tree Inn, west Sedona

https://www.greentreesedona.com/

Southwest Inn at Sedona (west)

https://www.swinn.com/

Arroya Pinon Hotel. west Sedona

https://www.choicehotels.com/arizona/sedona/ascend-

hotels/az021?mc=llgoxxpx

Cedars Resort, west Sedona

http://www.sedonacedarsresort.com/

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Southwest Inn at Sedona

https://www.swinn.com/

La Petite Sedona

http://www.lapetitesedona.com

Andante Inn at Sedona

https://www.andanteinn.com/

Camping

https://www.sedona.net/camping

Sedona Vacation Guide

https://visitsedona.com/where-to-stay/vacation-rentals/

VRBO

https://www.vrbo.com

Air B and B

https://www.airbnb.com

Restaurants

Chocola Tree, west Sedona https://chocolatree.com/

Thai, west Sedona

https://fresh-and-natural-thai-kitchen.popmenu.com/

Cafe Jose, west Sedona

https://sedonacafejose.com/

Coffee Pot, west Sedona

https://coffeepotsedona.com/

Local Juicery, west Sedona

https://www.localjuicery.com/

Coffee and bakery, across from The Plaza

https://www.yelp.com/biz/creekside-coffee-and-bakery-sedona?start=80

The Pump House Station, across from The Plaza

https://pumphousestation.com/

Wildflower, Uptown by Visitor's Center

https://wildflowerbread.com/

Whole Foods, west Sedona

https://www.wholefoodsmarket.com/

Secret Garden Café, Tlaquepaque Plaza

https://sedonasecretgardencafe.com/

Javelina Mexican, Hillside Plaza

https://www.javelinacantinasedona.com/

El Rincon Mexican in The Plaza

https://www.elrinconrestaurant.com/

Hideaway House, Up from The Plaza

https://sedonahideawayhouse.com/

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Shorebird Coastal Kitchen, by The Plaza https://shorebirdrestaurant.com/locations/sedona/dinner-menu/#

Hiro's Sedona, Japanese, west Sedona https://www.hirosedona.com/

Szechuan, Chinese, by Whole Foods https://www.szechuanaz.com/

Mesa Grill, at the Airport https://mesagrillsedona.com/

Other Details

Best crystal store in west Sedona https://crystalmagic.com/

Essential Oils in west Sedona that is by appt only: https://www.stillpointaromatics.com/

Pure water, west Sedona https://sedonawaterworks.com/

Natural ice cream, Uptown https://www.blackcowcafesedona.com/

Local Juicery, west Sedona https://www.localjuicery.com/

Sedona shuttle to trailheads, Thu-Sun https://sedonashuttle.com/

Suggested Hike

Amitabha Stupa, west Sedona https://www.tara.org/amitabha-stupa/

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Other Support Services from Kenji Kumara and Aurora Luna Star

Kenji Kumara: Pre & Post retreat wave sessions, 90 mins https://kenjikumara.com/wave-sessions/

Kenji Kumara: Post retreat Sacred Sedona Vortex Hikes, 2-4 hours https://kenjikumara.com/sacred-sedona-vortex-hikes/

Contact Aurora Luna Star and see her other services here: https://auroralunastar.com/services/

Kenji's Healer Friends in Sedona, AZ

Cassie Mavis, LMT, Gateway Cottage & Spirit Quest https://gatewaycottagewellness.com/cassiemavis

Dianne Denton, LMT, Los Abrigados Resort https://www.massageforhersedona.com/

Energy Work, Susie Beisler, west Sedona https://susiebeiler.com/

Aurora Luna Star, west Sedona https://auroralunastar.com/

Womb Healing for Women, Laura Maven Star www.lauramavenstar.com

Maps & Sedona General Information

Visitor's Center, Uptown https://visitsedona.com/trip-planning/visitor-center/

The Hike House, by The Plaza https://thehikehouse.com/

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Ranger Station, on Hwy 179

https://www.fs.usda.gov/recarea/coconino/recreation/outdoorlearning/recarea/?recid=81575&actid=120

Visit Sedona Guide

https://maddendigitalbooks.com/azsedvq22/

HAVE FUN PLANNING YOUR SEDONA TRIP AND WE CAN'T WAIT TO SEE YOU AT THE RETREAT!

LET THE MAGIC BEGIN...

LOVE & GRATITUDE ~ KENJI + AURORA