



THE FINAL INITIATION

A Master's Passage Through the 13th Door

Guidance for Your Experience in Sedona

Made with Love from Kenji and Team

Hello Dear Soul! We can't wait to see you.
Please find all the details you'll need to have fun in the planning!

You will go to this address:

**55 Homestead Rd
Sedona, AZ 86336**

REMINDER: Please make sure to bring the basics like a large water bottle, notebook, pen, hat, sunglasses, sunscreen, mosquito repellent, day pack and layered clothing, etc. as it could be hot in Sedona.

Don't forget snacks as food will NOT be provided, and have fun mapping out where you'd like to go explore lunch, dinner, etc.

Below, you'll find details to assist you in your trip to Sedona, compiled for you by the retreat team. We hope you have an amazing trip and we can't wait to see you there!

If you need anything, please email Kenji at Support@KenjiKumara.com

Start here for planning ➡ here's a link of "100 things to do in Sedona" so you can have fun planning around the retreat experience!
<https://visitsedona.com/things-to-do/100-things-to-do/>

Airports/Shuttle/Rental Cars/Transportation

- Bus Service www.sedonashuttle.com
- Verde Shuttle. Uptown, Hillside, Plaza, west Sedona, Cottonwood. \$1.00 and runs 6:00 am -10:00 pm every day (928) 203-5152
- TransLoc App for Sedona Shuttle Connect (runs to Trailheads only, Thursday through Sunday)
- Sky Harbour International Airport <https://www.skyharbor.com/>
- Flagstaff Pulliam Airport <https://flyflagstaffaz.com/>

Airports/Shuttle/RentalCars/Transportation

- Airport Shuttle
 - https://groometransportation.com/sedona/?&sd_client_id=7b2d6e6c-b01a-4a15-a91e-36dd8bd865e5
- Sedona Enterprise Rental Cars, west Sedona
 - <https://www.enterprise.com/en/home.html>
- Lyft in Sedona
 - <https://www.lyft.com/driver/driving-opportunities/sedona-az/driver-with-lyft>
- Uber
 - <https://www.uber.com/global/en/r/routes/sedona-az-to-cornville-az/>
- Taxi
 - <https://www.uber.com/us/en/r/cities/taxi/sedona-az-us/?toString=3db02d>

Places To Stay

- Laura Marcos
 - <https://www.airbnb.com/ysers/show/18165593>
- Mel Finnerty
 - <https://www.airbnb.com/rooms/824758201021324778>
 - <https://www.airbnb.com/rooms/50592044>
- Courtyard Sedona
 - <https://www.marriott.com/en-us/hotels/flgcs-courtyard-sedona/overview/>
- El Portal <https://elportalsedona.com/>
- Poco Diablo <https://www.pocodiablo.com/>
- Dreamcatcher Inn, west Sedona
 - <https://www.dreamcatcherinnsedona.com/>
- Los Abridados
 - https://www.tophotelreservations.com/los-abrigados-resort-and-spa?_ga=2.53797480.1740546028.1713594730-1145869840.1713594730

Places To Stay

- Baby Quailinn, west Sedona <https://babyquailinn.com/>
- Green Tree Inn, west Sedona <https://www.greentreesedona.com/>
- Southwest Inn at Sedona(west) <https://www.swinn.com/>
- Arroya Pinon Hotel. west Sedona
 - <https://www.choicehotels.com/arizona/sedona/ascend-hotels/az021?mc=llgoxxpx>
- Cedars Resort, west Sedona <http://www.sedonacedarsresort.com/>
- Southwest Inn at Sedona <https://www.swinn.com/>
- La Petite Sedona <http://www.lapetitesedona.com>
- Andante Inn at Sedona <https://www.andanteinn.com/>
- Camping <https://www.sedona.net/camping>
- Sedona Vacation Guide
 - <https://visitsedona.com/where-to-stay/vacation-rentals/>
- VRBO <https://www.vrbo.com>
- Air B and B <https://www.airbnb.com>

Restaurants

- Chocola Tree, west Sedona <https://chocolatree.com/>
- Thai, west Sedona <https://fresh-and-natural-thai-kitchen.popmenu.com/>
- Cafe Jose, west Sedona <https://sedonacafejose.com/>
- Coffee Pot, west Sedona <https://coffeepotsedona.com/>
- Local Juicery, west Sedona <https://www.localjuicery.com/>
- Coffee and bakery, across from The Plaza
 - <https://www.yelp.com/biz/creekside-coffee-and-bakery-sedona?start=80>
- The Pump House Station, across from The Plaza
 - <https://pumphousestation.com/>
- Wildflower, Uptownby Visitor's Center <https://wildflowerbread.com/>
- Whole Foods, west Sedona <https://www.wholefoodsmarket.com/>

Restaurants

- Secret GardenCafé, Tlaquepaque Plaza
 - <https://sedonasecretgardencafe.com/>
- Javelina Mexican, Hillside Plaza <https://www.javelinacantinasedona.com/>
- El Rincon Mexican in The Plaza <https://www.elrinconrestaurant.com/>
- Hideaway House, Up from The Plaza <https://sedonahideawayhouse.com/>
- Shorebird Coastal Kitchen, by The Plaza
 - <https://shorebirdrestaurant.com/locations/sedona/dinner-menu/#>
- Hiro's Sedona, Japanese, west Sedona <https://www.hirosedona.com/>
- Szechuan, Chinese,by Whole Foods <https://www.szechuanaz.com/>
- Mesa Grill, at the Airport <https://mesagrillsedona.com/>

Other Details

- Best crystal store in west Sedona <https://crystalmagic.com/>
- Essential Oils in west Sedona that is by appt only:
 - <https://www.stillpointaromatics.com/>
- Pure water, west Sedona <https://sedonawaterworks.com/>
- Natural ice cream, Uptown <https://www.blackcowcafesedona.com/>
- Local Juicery, west Sedona <https://www.localjuicery.com/>
- Sedona shuttle to trailheads, Thu-Sun <https://sedonashuttle.com/>

Suggested Hike

- Amitabha Stupa, west Sedona <https://www.tara.org/amitabha-stupa/>

Kenji's Healer Friends in Sedona, AZ

- Cassie Mavis, LMT, Gateway Cottage & Spirit Quest
 - <https://gatewaycottagewellness.com/cassiemavis>
- Dianne Denton, LMT, Los Abrigados Resort
 - <https://www.massageforhersedona.com/>
- Energy Work, Susie Beisler, west Sedona <https://susiebeiler.com/>
- Womb Healing for Women, Laura Maven Star www.lauramavenstar.com

Maps & Sedona General Information

- Visitor's Center, Uptown
 - <https://visitsedona.com/trip-planning/visitor-center/>
- The Hike House, by The Plaza <https://thehikehouse.com/>
- Ranger Station, on Hwy 179
 - <https://www.fs.usda.gov/recarea/coconino/recreation/outdoorlearning/recarea/?recid=81575&actid=120>
- Visit Sedona Guide <https://maddendigitalbooks.com/azsedvg22/>

HAVE FUN PLANNING YOUR SEDONA TRIP AND I
CAN'T WAIT TO SEE YOU AT THE RETREAT!

LET THE MAGIC BEGIN...

LOVE & GRATITUDE ~ KENJI